

Location: \_\_\_\_\_

## General

## Nursing

## Tobacco Cessation Education

☒ **Tobacco cessation education** Once, 1, Occurrences, Routine, Nurse to provide tobacco cessation education. RN to inform patient to stop patch if patient is smoking.

## Medications

☐ **Transdermal Nicotine Patch**

## Dosing suggestions for nicotine patch:

Number of cigarettes per day	Dosing (mg/day)
Less than 10, patients with heart disease <b>or</b> weighing less than 100 pounds (45 kg)	7-14
10-20	14-21
21-40	21-42
Greater than 40	42+

☐ **nicotine (NICODERM CQ) 7 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 14 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 21 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 42 mg/24 hr** 2 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply two new patches daily and remove old patches. Rotate application site. Nurse to inform patient to remove patches if they are smoking.

## For tobacco users willing to quit

☐ **For tobacco users willing to quit**

☒ **buPROPion SR (WELLBUTRIN/ZYBAN)**

Select either buPROPion SR (Wellbutrin/Zyban) or varenicline (Chantix®) oral therapy. Note: Bupropion is contraindicated in patients at increased risk for seizures or on monoamine oxidase inhibitors. Monitor patients for behavioral and mood changes such as depression and suicidal ideations.

## Initiate bupropion SR 1 week prior to quit date.

☒ **buPROPion SR (WELLBUTRIN/ZYBAN)**

☒ **buPROPion SR (WELLBUTRIN SR) 12 hr tablet** 150 mg, oral, daily, 3, Days

Indication:

☒ **buPROPion SR (WELLBUTRIN SR) 12 hr tablet** 150 mg, oral, 2 times daily

Indication:

☐ **Severe Hepatic Dysfunction - buPROPION SR (WELLBUTRIN/ZYBAN)**

☒ **buPROPion SR (WELLBUTRIN SR) 12 hr tablet** 150 mg, oral, every other day

Indication:

☐ **Patients on Hemodialysis - buPROPion SR (WELLBUTRIN/ZYBAN)**

☒ **buPROPion SR (WELLBUTRIN SR) 12 hr tablet** 150 mg, oral, every 3 days

Indication:

Sign: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date/Time: \_\_\_\_\_

☐ **Transdermal Nicotine Patch****Dosing suggestions for nicotine patch:**

Number of cigarettes per day	Dosing (mg/day)
Less than 10, patients with heart disease <b>or</b> weighing less than 100 pounds (45 kg)	7-14
10-20	14-21
21-40	21-42
Greater than 40	42+

☐ **nicotine (NICODERM CQ) 7 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 14 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 21 mg/24 hr** 1 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

☐ **nicotine (NICODERM CQ) 42 mg/24 hr** 2 patch, transdermal, daily, 24.000 Hours

Time to remove patch:

Apply two new patches daily and remove old patches. Rotate application site. Nurse to inform patient to remove patches if they are smoking.

☐ **varenicline (CHANTIX) tablet**

When prescribing varenicline (CHANTIX) - monitor patients for behavioral and mood changes such as depression and suicidal ideations. Dosing adjustment not necessary in patients with hepatic dysfunction.

☐ **varenicline (CHANTIX): CrCl > 50 mL/min**

☒ **varenicline (CHANTIX) tablet** 0.5 mg, oral, daily, 3, Days

Give after meals.

☒ **varenicline (CHANTIX) tablet** 0.5 mg, oral, 2 times daily, 4, Days

Give after meals.

☒ **varenicline (CHANTIX) tablet** 1 mg, oral, 2 times daily

Give after meals.

☐ **varenicline (CHANTIX): CrCl greater than or equal to 50 mL/min**

☒ **varenicline (CHANTIX) tablet** 0.5 mg, oral, daily

Give after meals. For patients with CrCl less than or equal to 50 mL/min.

☒ **varenicline (CHANTIX) tablet** 0.5 mg, oral, 2 times daily

Give after meals. For patients with CrCl less than or equal to 50 mL/min.

☐ **varenicline (CHANTIX): ESRD**

☒ **varenicline (CHANTIX) tablet** .5 , oral

Give after meals. Patient with ESRD.

Sign: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date/Time: \_\_\_\_\_