Location:
General Isolation (Required) Airborne plus Contact isolation is recommended for all Confirmed or Suspected COVID-19 patients.
Please refer to the Confirmed COVID or PUI section in the Clinical Resource Guide for PPE guidance.
<ul> <li>✓ Airborne Isolation</li> <li>✓ Airborne isolation status Continuous, Routine, Include eye protection</li> <li>✓ Contact Isolation</li> </ul>
✓ Contact isolation status Continuous, Routine, Include eye protection
Nursing Vital signs- DO NOT SET DEFAULT IN USER SETS
<ul> <li>✓ Vital signs - every 2 hours Every 2 hours, Routine</li> <li>✓ Vital signs - every 4 hours Every 4 hours, Routine</li> </ul>
☐ Vital signs - every 8 hours Every 8 hours, Routine
☐ Vital signs - per unit protocol Per unit protocol, Routine  Activity (Required)
✓ Strict bed rest Until discontinued, Routine
☐ Bed rest with bathroom privileges Until discontinued, Routine Bathroom Privileges: ○ with bathroom privileges
☐ <b>Up with assistance</b> Until discontinued, Routine Specify: ○ Up with assistance
<ul> <li>☐ Activity as tolerated Until discontinued, Routine</li> <li>Specify: ○ Activity as tolerated</li> <li>COVID-19 Position Care</li> </ul>
☐ ICU proning interventions Until discontinued, Routine Indications for Proning: BIS score 40 to 60 OR RASS - 4?
☐ Return patient to supine post-proning Until discontinued, Routine HM IP COVID-19 NURSING ADM
✓ <b>Limit repeated entry to room</b> Until discontinued, -1, Occurrences, Routine, Batch all care and work with pharmacy and providers to limit repeated entry to patient care room.
Intake and output every shift Every shift, Routine
☐ Incentive spirometry instructions Once, Routine Frequency of use:
☐ Telemetry
✓ Telemetry monitoring Continuous, 3, Days, Routine Order: Place in Centralized Telemetry Monitor: EKG Monitoring Only (Telemetry Box) Can be off of Telemetry for baths? Yes Can be off for transport and tests? Yes Reason for telemetry: Reason?

Sign:\_\_\_\_\_\_ Printed Name:\_\_\_\_\_\_ Date/Time:\_\_\_\_\_\_ Page 1 of 7

## COVID-19 Adult Inpatient Management and Treatment (4400)

	<b>Version:</b> 33 <b>Gen:</b> 8/25/2025	
High Heart Rate (BPM): 0 120 0 1 120 0	.000 10.000 00 00 00	
☐ Daily weights Daily, Routine  IV Fluids-IV fluids for COVID-19 should be  Medications	e minimized	
COVID-19.	oquine nor Ivermectin (or any combination	,
Use of these agents for the treatmer	nt of COVID-19 at HM shall be limited onl	y to within the context of a clinical trial.
Contact local Clinical Pharmacy with	n any questions.	
	red this drug with certain criteria basedriew the following criteria for your pati	
Documented symptom of REQUIRING SUPPLEME	ENTAL OXYGEN to maintain SpO2 GRE	
Patients may not benefit from I	remdesivir treatment if they are beyon	d 10 days from symptom onset
✓ remdesivir IV Loading and	Maintenance Doses - HMH Only	
✓ remdesivir in sodium Hold for ALT greater than 5	<b>chloride 0.9% 100 mL infusion</b> 50 , intraveno	us, once, 1, Occurrences, 30.000 Minutes
30.000 Minutes	chloride 0.9% 100 mL infusion 100 mg, intravented to complete a full course of Remdesivir prior	
	Maintenance Doses - HMSL Only	to discharge.
_	chloride 0.9% 100 mL infusion 200 mg, intrav	venous, once, 1, Occurrences, 30.000
remdesivir in sodium 30.000 Minutes	chloride 0.9% 100 mL infusion 100 mg, intraved to complete a full course of Remdesivir prior	
	Maintenance Doses - HMB Only	3
✓ remdesivir in sodium Minutes Hold for ALT greater than 50	chloride 0.9% 250 mL infusion 200 mg, intrav	venous, once, 1, Occurrences, 30.000
30.000 Minutes	chloride 0.9% 250 mL infusion 100 mg, intraved to complete a full course of Remdesivir prior	
remdesivir IV Loading and	Maintenance Doses - HMTW Only	
remdesivir in sodium Minutes Hold for ALT greater than 50	chloride 0.9% 100 mL infusion 200 mg, intrav	venous, once, 1, Occurrences, 30.000
Sign:	Printed Name:	Date/Time:

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✓ remdesivir in sodium chloride 0.9% 100 mL i	infusion	100 mg,	intravenous,	daily at 1	100, 4,	Occurrences
60.000 Minutes						

NOTE: Patients do NOT need to complete a full course of Remdesivir prior to discharge.

- remdesivir IV Loading and Maintenance Doses HMCL Only
  - remdesivir in sodium chloride 0.9% 250 mL infusion 200 mg, intravenous, once, 1, Occurrences, 30.000 Minutes

Hold for ALT greater than 500

remdesivir in sodium chloride 0.9% 250 mL infusion 100 mg, intravenous, daily at 1000, 4, Occurrences, 30.000 Minutes

NOTE: Patients do NOT need to complete a full course of Remdesivir prior to discharge.

- remdesivir IV Loading and Maintenance Doses HMWB Only
  - remdesivir in sodium chloride 0.9% 250 mL infusion 200 mg, intravenous, once, 1, Occurrences, 30.000

Hold for ALT greater than 500

remdesivir in sodium chloride 0.9% 100 mL infusion 100 mg, intravenous, nightly, 4, Occurrences, 60.000

NOTE: Patients do NOT need to complete a full course of Remdesivir prior to discharge.

- remdesivir IV Loading and Maintenance Doses HMW Only
  - remdesivir in sodium chloride 0.9% 250 mL infusion 200 mg, intravenous, once, 1, Occurrences, 30.000 Minutes

Hold for ALT greater than 500

remdesivir in sodium chloride 0.9% 250 mL infusion 100 mg, intravenous, daily at 1000, 4, Occurrences, 30.000 Minutes

NOTE: Patients do NOT need to complete a full course of Remdesivir prior to discharge.

- remdesivir IV Loading and Maintenance Doses HMCCH Only
  - remdesivir in sodium chloride 0.9% 250 mL infusion 200 mg, intravenous, once, 1, Occurrences, 30.000 Minutes

Hold for ALT greater than 500

remdesivir in sodium chloride 0.9% 250 mL infusion 100 mg, intravenous, daily at 1000, 4, Occurrences, 30.000 Minutes

NOTE: Patients do NOT need to complete a full course of Remdesivir prior to discharge.

○ Mild COVID-19

Houston Methodist has approved the use of a 3 day course of remdesivir in patients with mild COVID-19 not admitted to the hospital for COVID related symptoms Please review the following criteria for your patient:

 Patient was NOT hospitalized BECAUSE OF COVID-19 diagnosis and/or symptoms Patient is currently NOT REQUIRING OXYGEN (or increase in baseline oxygen requirement) Patient has not received remdesivir in last 90 days

Patient is immunocompromised - OR - > 65 with at least one comorbid condition conferring high risk to progression

If patient was hospitalized BECAUSE OF COVID-19 AND REQUIRING OXYGEN, please see "Moderate to Severe COVID-19"

- Mild HMB Only
  - remdesivir infusion 200 mg, intravenous, once, 1, Occurrences Hold for ALT greater than 500
  - remdesivir infusion 100 mg, intravenous, daily at 1500, 2, Occurrences, S+1 Hold for ALT greater than 500
- Mild HMH Only
  - remdesivir infusion 200 mg, intravenous, once, 1, Occurrences Hold for ALT greater than 500
  - remdesivir infusion 100 mg, intravenous, daily at 1100, 2, Occurrences, S+1 Hold for ALT greater than 500
- ✓ Mild HMW Only

Sign:	Printed Name:	Date/Time:
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✓ remdesivir infusion 200 mg, intravenous, once, 1, Occurrences Hold for ALT greater than 500
remdesivir infusion 100 mg, intravenous, daily at 1500, 2, Occurrences, S+1 Hold for ALT greater than 500
✓ Mild - HMWB Only
remdesivir infusion 200 mg, intravenous, once, 1, Occurrences Hold for ALT greater than 500
remdesivir infusion 100 mg, intravenous, nightly, 2, Occurrences Hold for ALT greater than 500
Mild - HMSL Only
remdesivir infusion 200 mg, intravenous, once, 1, Occurrences Hold for ALT greater than 500
remdesivir infusion 100 mg, intravenous, every 24 hours, 2, Occurrences, S+1 Hold for ALT greater than 500
Mild - HMCL Only
remdesivir infusion 200 mg, intravenous, once, 1, Occurrences  Hold for ALT greater than 500
✓ remdesivir infusion 100 mg, intravenous, daily at 1300, 2, Occurrences, S+1 Hold for ALT greater than 500
✓ Mild - HMCCH Only
✓ remdesivir infusion 200 mg, intravenous, once, 1, Occurrences  Hold for ALT greater than 500
✓ remdesivir infusion 100 mg, intravenous, daily at 1000, 2, Occurrences, S+1 Hold for ALT greater than 500
✓ Mild - HMTW Only
✓ remdesivir infusion 200 mg, intravenous, once, 1, Occurrences, 30.000 Minutes Hold for ALT greater than 500
✓ remdesivir infusion 100 mg, intravenous, daily at 1100, 2, Occurrences, 60.000 Minutes Hold for ALT greater than 500
Dexamethasone PO or IV -Dexamethasone should only be used in COVID-19 patients (a) requiring oxygen supplementation or (b) requiring
ventilator support.
-Caution in using steroids early in COVID-19 disease (i.e. symptoms less than 7 days).
O dexamethasone (DECADRON) tablet 6 mg, oral, daily, 10, Occurrences
O dexamethasone (DECADRON) IV 6 mg, intravenous, daily, 10, Occurrences
O dexamethasone 4 mg/mL oral suspension 6 mg, oral, daily, 10, Occurrences  Note: Suspension is alcohol-free
☐ Immunomodulatory Agents
☐ Baricitinib (OLUMIANT) for COVID-19 (RESTRICTED)
baricitinib (OLUMIANT) tablet (RESTRICTED) 4 mg, oral, daily at 1700, 14, Occurrences RESTRICTED to infectious diseases, pulmonary, or critical care specialists. Are you a specialist or ordering on behalf of one? The patient has PCR-confirmed SARS-CoV-2/COVID and is requiring Humidified High-Flow Oxygen (Airvo) support or invasive or non-invasive ventilation.: Does the patient have a history of TB? Does the patient have an active bacterial or fungal infection?
The patient has an ALC LESS than 200 or ANC LESS than 1000 or hemoglobin LESS than 8: Is this patient on renal replacement therapy? I am aware that baricitinib increases the risk for secondary bacterial and fungal infections.: May dissolve INTACT tablet in 20-30 mL of water for administration via feeding tube. DO NOT CRUSH.
QuantiFERON-TB Gold Plus, 4 tube AM draw, 1, Occurrences, Routine, Blood, 3

Printed Name:

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Coccidioides antibody, IgG/IgM by ELISA AM draw, 1, Occurrences, Routine, Blood, 3 This order is a send-out test and will have a long turnaround time, perhaps days. For information about this specific test, please call 713-441-1866 Monday-Friday, 8 am-6 pm.
☐ <b>Histoplasma Abs</b> AM draw, 1, Occurrences, Routine, Blood, 3 This order is a send-out test and will have a long turnaround time, perhaps days. For information about this specific test, please call 713-441-1866 Monday-Friday, 8 am-6 pm.
Pharmacy consult to manage dose adjustments for renal function Until discontinued, Routine
Adjust dose for: Please assess for hemodialysis, peritoneal dialysis, or continuous renal replacement therapy (CRRT) orders in addition to creatine clearance when making dose adjustments.
tocilizumab (ACTEMRA) infusion for COVID (RESTRICTED) intravenous, once, 1, Occurrences, STAT RESTRICTED to infectious diseases, pulmonary, or critical care specialists. Are you a specialist or ordering on behalf of one? Is this a repeat dose?  Does the patient have a history of TB?  Does the patient have an active bacterial or fungal infection?  Does the patient have chronic bowel disease – risk of GI perforation?  I am aware that Tocilizumab increases the risk for secondary bacterial and/or fungal infections.:
Laboratory AMAIN COVID 40 PERSAT ARMICCIONA ARC
HM IP COVID-19 REPEAT ADMISSION LABS
☐ CBC with platelet and differential AM draw repeats, 3, Occurrences, Routine, Blood, 3
Comprehensive metabolic panel AM draw repeats, 3, Occurrences, Routine, Blood, 3
☐ ADDITIONAL DAILY LABS for Critical Illness/Clinical Deterioration  ADDITIONAL DAILY LABS for Critical Illness/Clinical Deterioration
✓ Troponin T AM draw repeats, 3, Occurrences, S+1, Routine, Blood, 3
✓ <b>D-dimer</b> AM draw repeats, 3, Occurrences, S+1, Routine, Blood, 3
✓ LDH AM draw repeats, 3, Occurrences, S+1, Routine, Blood, 3
✓ Ferritin level AM draw repeats, 3, Occurrences, S+1, Routine, Blood, 3 COVID-19 Additional labs-Critical Illness/Clinical Deterioration
☐ CBC with platelet and differential STAT, 1, Occurrences, Routine, Blood, 3
Comprehensive metabolic panel STAT, 1, Occurrences, Routine, Blood, 3
✓ Prothrombin time with INR STAT, 1, Occurrences, Routine, Blood, 3
✓ Partial thromboplastin time, activated STAT, 1, Occurrences, Routine, Blood, 3  Do not draw blood from the arm that has heparin infusion. Do not draw from heparin flushed lines. If there is no other access oth than the heparin line, then stop the heparin, flush the line, and aspirate 20 ml of blood to waste prior to drawing a specimen.
✓ NT-proBNP STAT, 1, Occurrences, Routine, Blood, 3
✓ Troponin T STAT, 1, Occurrences, Routine, Blood, 3
✓ Procalcitonin STAT, 1, Occurrences, Routine, Blood, 3
Laboratory-COVID-19 Inflammatory bundle
✓ C-reactive protein Once, Routine, Blood, 3
✓ Interleukin 6 Once, Routine, Blood, 3
Ferritin level Once, Routine, Blood, 3
✓ <b>D-dimer</b> Once, Routine, Blood, 3
✓ LDH Once, Routine, Blood, 3
Fibrinogen Once, Routine, Blood, 3
Lactic acid level - Now and repeat 2x every 3 hours Now and repeat 2x every 3 hours, 3, Occurrences, Routine, Blood, 3 Microbiology-Blood Cultures
☐ Blood culture, aerobic and anaerobic x 2
✓ Blood culture, aerobic and anaerobic x 2 Most recent Blood Culture results from the past 7 days:

Printed Name:

\_ **Date/Time:** Page 5 of 7

#### @LASTPROCRESULT(LAB462)@

**Blood Culture Best Practices** (https://formweb.com/files/houstonmethodist/documents/blood-culture-stewardship.pdf)

Blood culture, aerobic & anaerobic Once, Routine, Blood, Collect before antibiotics given. Blood cultures should be drawn from a peripheral site. If unable to draw both sets from a peripheral site, please call the lab for assistance; an IV line should NEVER be used.

**☑** Blood culture, aerobic & anaerobic Once, Routine, Blood, Collect before antibiotics given. Blood cultures should be drawn from a peripheral site. If unable to draw both sets from a peripheral site, please call the lab for assistance; an IV line should NEVER be used.

#### Laboratory-Type and Screen

▼ Type and screen STAT, 1, Occurrences, Routine, Blood

Res	pirato	ory
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#### Respiratory

Avoid BiPAP and CPAP to avoid aerosolization of virus

Click here for COVID-19 Oxygen therapy algorithm (\\epic-nas.et0922.epichosted.com\\static\OrderSets\COVID19 Hypoxemia Algorithm.pdf)

Oxygen therapy Continuous, Routine, Keep HFNC flow under 30L/min Device: 
O High Flow Nasal Cannula (HFNC)

Titrate to keep O2 Sat Above: 92%

Device:

Indications for O2 therapy:

#### Cardiology

#### **HM IP COVID CARDIOLOGY ORDERS**

ECG on admission to ICU for baseline QTc and daily if on multiple agents that prolong QTc.

ECG 12 lead STAT, 1, Occurrences, Routine, 6

Clinical Indications: o Rate/Rhythm

Interpreting Physician:

☐ **ECG 12 lead** Daily, 3, Occurrences, Routine, 6

Clinical Indications: Interpreting Physician:

☐ Transthoracic Echocardiogram Complete, (w Contrast, Strain and 3D if needed) 1 time imaging, Routine

Does this study require a chemo toxicity strain protocol?

Does this exam need a strain protocol?

Call back number for Critical Findings:

Where should test be performed?

Does this exam need a bubble study?

Preferred interpreting Cardiologist or group:

If this patient has had an echocardiogram ordered/performed within the past 120 hours as indicated by repeat Echo orders report on the left. Please contact the Echo department at 713-441-2222 to discuss the reason for a repeat exam with a cardiologist.

For STAT order, select appropriate STAT Indication. Please enter the cell phone number for the ordering physician so the echo attending can communicate the results of the stat test promptly. If the phone number is not entered, we will not be able to perform the test as stat. Please note that nursing unit phone number or NP phone number do not meet this request'

Other Indications should be ordered for TODAY or Routine.

For Discharge or Observation patient, please choose TODAY as Priority.

#### **Imaging**

**Imaging** 

XR Chest 1 Vw Portable 1 time imaging, 1, Occurrences, STAT

Is the patient pregnant?

Release to patient (Note: If manual release option is selected, result will auto release 5 days from finalization.):

Daily XR Chest 1 Vw Portable Daily imaging, -1, Occurrences, S+1, Routine, Consider daily CXR for the following patients: Age > 70, BMI > 40, or Increasing O2 requirements on the floor.

Is the patient pregnant?

Release to patient (Note: If manual release option is selected, result will auto release 5 days from finalization.):

#### **Physician Consults**

Sign:\_\_\_\_\_ Date/Time:\_\_\_\_

Physician Consults Consider using these consults to assist with management of the COVID-19 positive patient.
Consult Infectious Diseases for moderate to severe COVID-19 patient Once, Routine Reason for Consult? ○ Management of COVID-19 positive patient Patient/Clinical information communicated? Patient/clinical information communicated? To Provider: Provider Group:
Consult Pulmonary/Crit Care for respiratory insufficiency Once, Routine Reason for Consult? ○ Management of COVID-19 positive patient with respiratory insufficiency Patient/Clinical information communicated? Patient/clinical information communicated? To Provider: Provider Group:
Consult Nephrology/Hyperten Once, Routine Reason for Consult? Patient/Clinical information communicated? Patient/clinical information communicated? To Provider: Provider Group:
Ancillary Consults
COVID-19 CONSULTS  Consult to Palliative Care Service
Consult to Palliative Care Service Once, Routine Priority: Reason for Consult? Order? Name of referring provider: Enter call back number: Reason for Consult? Note: Please call Palliative care office 832-522-8391. Due to current resource constraints, consultation orders received after 2:00 pm M-F will be seen the following business day. Consults placed over weekend will be seen on Monday.
☐ Consult to Nutrition Services Once, Routine Reason For Consult? Purpose/Topic: Reason for Consult?
Consult to Spiritual Care Once, Routine Reason for consult? Reason for Consult? For requests after hours, call the house operator.
Consult to Social Work Once, Routine Reason for Consult: Reason for Consult?
Consult to Case Management Once, Routine Consult Reason: Reason for Consult?

\_\_ **Date/Time:** Page 7 of 7 Printed Name: