Location:

General

Discontinue Insulin Infusion

Discontinue Insulin infusion Once, 1, Occurrences, Routine, If on an insulin infusion: * immediately administer long-acting subcutaneous insulin as ordered (intentional overlap with IV insulin infusion) * continue the IV insulin infusion and hourly glucose checks for 2 hours after the long-acting subcutaneous insulin was administered, then discontinue the IV insulin infusion * if transitioning off of the DKA insulin protocol, please also continue the two-bag IV fluids until the IV insulin infusion is turned off (2 hours after the subcutaneous insulin was administered)

Finger Stick Blood Glucose (FSBG) Monitoring (MUST choose one) (Required)

O Bedside glucose - for patients on diets 4 times daily 0-30 minutes before meals and at bedtime, Routine, Blood, 0-30 mins before meals and at bedtime (if on diet). Give correction insulin BEFORE MEALS ONLY, if needed.

O Bedside glucose - for patients on continuous enteral feeds, TPN or NPO Every 4 hours, Routine, Blood, Give correction insulin EVERY 4 HOURS, if needed.

Finger Stick Blood Glucose (FSBG) Monitoring - Additional 1 AM

For patients transitioning from insulin infusion to subcutaneous insulin regimen in the first 24 hours

O Bedside glucose - for patients transitioning from insulin infusion Once, 1, Occurrences, 0100, Routine, Blood, This additional bedside glucose is for transition from insulin infusion to subcutaneous insulin regimen. DO NOT TREAT WITH INSULIN. Notify ordering Provider if Blood Glucose below 70 mg/dL or greater than 300 mg/dL.

Subcutaneous Insulin Dosing (choose all that apply)

Click here to view Insulin Dosing Guidelines:

Insulin Dosing Guidelines (\\epic-nas.et0922.epichosted.com\static\OrderSets\RX999 Attachment A Diabetes Management dosing card Revision 2 2-2015 FontREV.pdf)

Basal Insulin

□ Insulin glargine (Lantus)

insulin glargine (LANTUS) injection 100, subcutaneous, daily

DO NOT HOLD glargine without a prescriber order. If glucose is less than 80mg/dL, call prescriber for possible dose change.

insulin glargine (LANTUS) injection 100, subcutaneous, nightly

DO NOT HOLD glargine without a prescriber order. If glucose is less than 80mg/dL, call prescriber for possible dose change.

insulin glargine (LANTUS) injection 100, subcutaneous, 2 times daily

DO NOT HOLD glargine without a prescriber order. If glucose is less than 80mg/dL, call prescriber for possible dose change.

Weight based: Insulin glargine (Lantus)

□ For insulin SENSITIVE patients (0.1 units/kg/day) 0.1 Units/kg/day, subcutaneous

DO NOT HOLD glargine without a prescriber order. If glucose is less than 80 mg/dL, call prescriber for possible dose change.

For AVERAGE patients (0.2 units/kg/day) 0.2 Units/kg/day, subcutaneous

DO NOT HOLD glargine without a prescriber order. If glucose is less than 80 mg/dL, call prescriber for possible dose change.

For insulin RESISTANT patients (0.3 units/kg/day) 0.3 Units/kg/day, subcutaneous DO NOT HOLD glargine without a prescriber order. If glucose is less than 80 mg/dL, call prescriber for possible dose change.

Insulin NPH (HumuLIN-N)

☐ insulin NPH (HumuLIN-N) 100 , subcutaneous, 2 times daily If NPO give half dose of scheduled NPH or NPH/REG

□ **insulin NPH (HumuLIN-N)** 100 , subcutaneous, daily with breakfast If NPO give half dose of scheduled NPH or NPH/REG

insulin NPH (HumuLIN-N) 100 , subcutaneous, nightly If NPO give half dose of scheduled NPH or NPH/REG

□ Insulin 70/30 NPH and Regular Human (HumuLIN 70/30)

□ **insulin NPH/REG (HumuLIN 70/30)** 100 , subcutaneous, 2 times daily with meals If NPO give half dose of scheduled NPH/REG

□ **insulin NPH/REG (HUMULIN 70/30)** 100 , subcutaneous, daily with breakfast If NPO give half dose of scheduled NPH/REG

insulin NPH/REG (HUMULIN 70/30) 100 , subcutaneous, daily with dinner

If NPO give half dose of scheduled NPH/REG

Mealtime Insulin

Sign:

○ Custom Mealtime Insulin lispro (HumaLOG)

□ Three times daily with meals - insulin lispro (AdmeLOG) 100, subcutaneous, 3 times daily with meals If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

1 unit for every ___ gm of CHOs and 1 unit for every ____ mg/dL of glucose GREATER than ____ mg/dL. Patient will estimate the amount of carbohydrates consumed. Nursing staff will calculate and administer the appropriate insulin dose based on the prescribed insulin-to-carbohydrate ratio and correction factor.

Before Breakfast - insulin lispro (AdmeLOG) 100, subcutaneous, daily with breakfast

If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

Before Lunch - insulin lispro (AdmeLOG) 100, subcutaneous, daily before lunch

If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

Before Dinner - insulin lispro (AdmeLOG) 100, subcutaneous, daily before dinner

If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

With Snacks - insulin lispro (AdmeLOG) injection 100, subcutaneous, with snacks

If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

○ Weight Based Insulin Lispro (HumaLOG)

• For insulin SENSITIVE patients (0.1 units/kg/day) 0.1 Units/kg/day, subcutaneous, 3 times daily with meals : If NPO or pre-meal glucose is less than 80mg/dL, HOLD the dose of mealtime insulin. If pre-meal glucose is 80-100 mg/dL, give 1/2 dose of mealtime insulin. May be given up to 10 minutes before a meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

○ For AVERAGE patients (0.2 units/kg/day) 0.2 Units/kg/day, subcutaneous, 3 times daily with meals : If NPO or pre-meal glucose is less than 80mg/dL, HOLD the dose of mealtime insulin. If pre-meal glucose is 80-100 mg/dL, give 1/2 dose of mealtime insulin. May be given up to 10 minutes before a meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

• For insulin RESISTANT patients (0.3 units/kg/day) 0.3 Units/kg/day, subcutaneous, 3 times daily with meals : If NPO or pre-meal glucose is less than 80mg/dL, HOLD the dose of mealtime insulin. If pre-meal glucose is 80-100 mg/dL, give 1/2 dose of mealtime insulin. May be given up to 10 minutes before a meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.

Tube Feed or TPN

□ For patients on Tube Feeds or TPN - Insulin NPH and Dextrose 10%

✓ insulin NPH (HumuLIN-N) injection 100, subcutaneous, every 8 hours scheduled Start 10% Dextrose IV during any interruption in TPN or tube feeds at the previous TPN or tube feed rate up to a maximum rate of 40 mL/hour. HOLD next insulin dose and notify prescriber for further orders

dextrose 10 % infusion 40 mL/hr, intravenous, continuous PRN, for interruption in TPN or tube feeds, other Start D10W at the previous TPN or tube feed rate up to a maximum rate of 40 mL/hr. HOLD next insulin dose and notify prescriber for further orders.

Corrective Insulin

□ Insulin Lispro (HUMALOG, ADMELOG) Corrective Insulin

O Patient UNABLE to tolerate LISPRO Once, Routine

○ Low Dose Corrective Scale 100

Corrective Scale: \circ LOW dose correction scale

For hypoglycemic episodes, follow hypoglycemia management algorithm.

Do Not Administer if Patient is Receiving Insulin Infusion. Physicians/APPs only: Use the Modify button on the Orders tab to change the corrective scale.

Sign:

O Medium Dose Corrective Scale 100

Corrective Scale:

MEDIUM dose correction scale

For hypoglycemic episodes, follow hypoglycemia management algorithm.

Do Not Administer if Patient is Receiving Insulin Infusion. Physicians/APPs only: Use the Modify button on the Orders tab to change the corrective scale.

○ High Dose Corrective Scale 100

Corrective Scale:

HIGH dose correction scale

For hypoglycemic episodes, follow hypoglycemia management algorithm.

Do Not Administer if Patient is Receiving Insulin Infusion. Physicians/APPs only: Use the Modify button on the Orders tab to change the corrective scale.

○ Corrective Insulin

insulin lispro (ADMELOG) injection 100, subcutaneous

Define custom scale here ***

10 minutes before meal or immediately after meal.

Bedtime Correction Scale 0-4 units – only for persistent hyperglycemia (>250mg/dL) Bedside Glucose: "0200 bedside glucose (POC) is required to prevent nocturnal hypoglycemia for patient safety."

✓ insulin lispro (ADMELOG) injection 0 - 4 Units, subcutaneous, at bedtime Corrective Scale: ○ BEDTIME dose correction scale Obtain bedside glucose (POC) at 0200

41 - 69 mg/dL blood glucose: give 25 mL of dextrose 50% OR 4 ounce juice 0 - 40 mg/dL blood glucose: give 50 mL of dextrose 50%

Consider HS snack if poor PO intake. Do Not Administer if Patient is Receiving Insulin Infusion.

Bedside glucose Daily at 0200, Routine, Blood, Obtain bedside glucose (POC) at 0200.

Hypoglycemia Management

Hypoglycemia Management

Hypoglycemia Management for Adult Patients (Required)

Hypoglycemia management - Monitor patient for signs and symptoms of HYPOglycemia and follow standing delegation orders Per unit protocol, Routine, CLICK REFERENCE LINK TO OPEN ALGORITHM:

dextrose 50% intravenous syringe 12.5 g, intravenous, every 20 min PRN, If blood glucose is between 41-69 mg/dL, low blood glucose

For blood glucose between 41-69 mg/dL, give ½ cup juice if patient is able or dextrose 50% intravenous solution 12.5 g (25mL) IV push ONCE.

Contact the provider and recheck blood glucose in 20 minutes until glucose is greater than 100 mg/dL.

DO NOT give further insulin until ordered by a provider

dextrose 50% intravenous syringe 25 g, intravenous, every 20 min PRN, if blood glucose is less than or equal 40 mg/dL, low blood glucose

Recheck bedside glucose every 20 min until glucose greater than 100 mg/dL.

glucagon injection 1 mg, intramuscular, every 15 min PRN, if patient NPO, unable to swallow safely with no IV access., low blood glucose

If glucose remains LESS than 70 mg/dL, after 2 doses of D50 or Glucagon, send serum glucose level STAT.

Initiate treatment immediately after lab drawn.

Do NOT delay treatment waiting for lab result.

Recheck blood sugar every 20 min until greater than 100 mg/dL. Notify Provider.

dextrose 10 % infusion 40 mL/hr, intravenous, continuous PRN, For bedside glucose LESS than 70 mg/dL

For use after administration of dextrose 50% x 2 and subsequent glucose value LESS than 70 mg/dL.

Notify Provider, consider transfer to ICU. Check Glucose every hour while on D10 infusion. Titrate infusion by 10 mL per hour to keep glucose between 100 and 140 mg/dL.

Notify provider when ANY/ALL of the following occur:

-Dextrose 10% infusion is started

-If glucose is less than 70 mg/dL while on dextrose 10% infusion

-When dextrose 10% infusion rate is increased to greater than 100 mL/hr

Labs

Laboratory

Sign:

Hemoglobin A1c Once, Routine, Blood, 3

Lipid panel Once, Routine, Blood, 3

Consults

Consults HMH

Consult Diabetes/Endocrinology Once, Routine, Please call Inpatient Diabetes/Hyperglycemia Management Service 713-441-0006

Reason for Consult? • Diabetes and Hyperglycemia Patient/Clinical information communicated? Patient/clinical information communicated? To Provider: Provider Group:

Consult Diabetes Educator Once, Routine Reason for Consult:

Reason for Consult? Consult Nutrition Services Once, Routine

Reason For Consult? Purpose/Topic: Reason for Consult?

Ambulatory referral to HM Weight Management Center Once

Consults HMTW

Consult Nutrition Services Once, Routine Reason For Consult? Purpose/Topic: Reason for Consult?

Consult to Diabetes Educator Once, Routine Reason for Consult:

Reason for Consult?

□ Ambulatory referral to HM Weight Management Center Once

Consults - NOT HMH or HMTW

Consult Diabetes Educator Once, Routine Reason for Consult: Reason for Consult?

Consult Nutrition Services Once, Routine

Reason For Consult? Purpose/Topic: Reason for Consult?

Ambulatory referral to HM Weight Management Center Once