

A full-page photograph of a man and a woman jogging through a lush green park. The woman, on the left, is wearing a light blue tank top and grey shorts, smiling broadly. The man, on the right, is wearing a dark blue t-shirt and dark shorts, also smiling. The background is a soft-focus green forest. In the top left corner, the text 'HOUSTON Methodist' is displayed, with 'HOUSTON' in a small sans-serif font and 'Methodist' in a large, stylized serif font. Below this, 'ORTHOPEDICS & SPORTS MEDICINE' is written in a smaller, all-caps sans-serif font.

HOUSTON
Methodist[®]
ORTHOPEDICS &
SPORTS MEDICINE

HOUSTON METHODIST ORTHOPEDICS & SPORTS MEDICINE

CENTRAL REGION PHYSICIANS
2025

Foot and Ankle



Kevin E. Varner, MD

Chair, Orthopedics & Sports Medicine

LOCATION

Texas Medical Center

SCHEDULING

713.441.3150

EXPERTISE

- Ankle arthroscopy
- Ankle replacement
- Ankle trauma
- Bunions
- Flatfoot
- Foot and ankle orthopedics
- Sports-related foot and ankle injuries

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Foot and Ankle Surgery, Johns Hopkins University, Baltimore, Maryland



Jason Ahuero, MD

LOCATIONS

Texas Medical Center
Bellaire
Pearland

SCHEDULING

346.238.5685

EXPERTISE

- Foot and ankle arthritis
- Foot and ankle deformity
- Foot and ankle trauma
- Neuro-orthopedics
- Sports-related ankle and foot injuries
- Total ankle replacement

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, University of Alabama School of Medicine, Birmingham, Alabama

Fellowship: Foot and Ankle Surgery, American Sports Medicine Institute, Birmingham, Alabama



Michelle Coleman, MD, PhD

LOCATIONS

Texas Medical Center
Pearland

SCHEDULING

713.441.9000

EXPERTISE

- Ankle arthroscopy
- Ankle instability
- Bunions
- Flatfoot
- Foot and ankle arthritis
- Foot and ankle deformity
- Foot and ankle trauma
- Fractures
- Sports-related ankle and foot injuries
- Toe deformity
- Total ankle replacement

EDUCATION & TRAINING

Medical School: Vanderbilt University, Nashville, Tennessee

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Foot and Ankle Surgery, MedStar Union Memorial Hospital, Baltimore, Maryland

Hand and Upper Extremity



**Shari
Liberman, MD**

LOCATIONS

Texas Medical Center
Bellaire

SCHEDULING

713.441.4396

EXPERTISE

- Arthritis
- Arthroscopic procedures
- Carpal tunnel syndrome
- Cubital tunnel syndrome
- Cyst removal
- De Quervain's tendinitis
- Dupuytren's disease
- Endoscopic carpal tunnel release
- Fracture and dislocation repair
- Ganglion cysts
- Hand and upper extremity
- Injection therapy for Dupuytren's contracture
- Ligament reconstruction tendon interposition (LRTI)
- Minimally invasive endoscopic and arthroscopic procedures, injection therapies
- Nerve damage repair
- Partial and total joint replacement
- Pediatric and adult orthopedics
- Reconstructive hand and elbow surgery
- Repetitive stress conditions
- Scaphoid fractures, finger fractures, hand trauma, basil joint arthritis
- Tennis elbow
- Trauma
- Trigger finger

EDUCATION & TRAINING

Medical School: Temple University, Philadelphia, Pennsylvania

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Hand Surgery, Stanford, Redwood City, California



Todd Siff, MD

LOCATIONS

Texas Medical Center
Pearland

SCHEDULING

713.441.9000

EXPERTISE

- Arthritis surgery
- Arthroscopy
- Carpal tunnel syndrome and release
- Cubital tunnel syndrome
- Cyst removal
- De Quervain's tendinitis
- Dupuytren's surgery and injections
- Ganglion cysts
- Hand surgery
- Ligament reconstruction
- Microsurgery
- Minor surgery
- Nerve entrapment and repair
- Pediatric orthopedic surgery
- Shoulders
- Tendon repairs
- Tennis elbow
- Trauma
- Trigger finger
- Upper extremity surgery

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Hand and Upper Extremity, University of Louisville, Louisville, Kentucky



Joshua Woody, MD

LOCATIONS

Texas Medical Center
Bellaire
Pearland

SCHEDULING

713.441.3740

EXPERTISE

- Carpal tunnel syndrome
- Cubital tunnel syndrome
- Fractures of the clavicle, shoulder, humerus, elbow and forearm
- Proximal humerus fractures
- Prevention of infection in shoulder arthroplasty
- Repair of biceps and triceps tears
- Repair of rotator cuff tears
- Repair of shoulder labrum tears
- Shoulder arthroscopy
- Shoulder and elbow replacement
- Treatment of shoulder instability

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, The University of Texas Health Science Center, San Antonio, Texas

Fellowship: Shoulder and Elbow Surgery, The University of Texas Health Science Center, San Antonio, Texas

Joint Reconstruction and Replacement



Timothy S. Brown, MD

LOCATIONS

Texas Medical Center
Bellaire

SCHEDULING

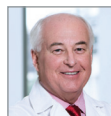
713.441.9000

EXPERTISE

- Avascular necrosis
- Hip dysplasia
- Hip replacement
- Inflammatory arthritis
- Knee replacement
- Osteoarthritis
- Periprosthetic fracture
- Periprosthetic joint infection
- Post-traumatic arthritis
- Revision hip replacement
- Revision knee replacement
- Robot-assisted joint replacement

EDUCATION & TRAINING

Medical School: The University of Texas Southwestern, Dallas, Texas
Residency: Orthopedic Surgery, The University of Texas Southwestern/ Parkland Hospital, Dallas, Texas
Fellowship: Hip and Knee Reconstruction, Mayo Clinic, Rochester, Minnesota



William Jay "Bill" Bryan, MD

LOCATIONS

Texas Medical Center
Bellaire

SCHEDULING

713.441.3470

EXPERTISE

- Conservative knee care
- Knee arthritis
- Minimally invasive total knee replacement
- Partial knee replacement
- Total hip replacement

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas
Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas
Fellowships: Sports Medicine, Berkshire Sports Medicine Institute, Williamstown, Massachusetts;

Arthritis and Implant Surgery, Hospital for Special Surgery, New York, New York;
AO Trauma and Hip Surgery, Inselspital, Bern, Switzerland;
Knee Sports Medicine and Reconstruction, Alfred Hospital, Melbourne, Australia



Terry A. Clyburn, MD

LOCATION

Texas Medical Center

SCHEDULING

713.363.7948

EXPERTISE

- Partial knee arthroscopy
- Partial knee replacement
- Revision hip and knee
- Total hip replacement
- Total knee arthroscopy
- Total knee replacement
- Total knee replacement revision

EDUCATION & TRAINING

Medical School: The University of Texas Medical Branch at Galveston, Galveston, Texas
Residency: Orthopedic Surgery, The University of Texas Medical Health Science Center, Houston, Texas



Robert Neff, MD

LOCATIONS

Texas Medical Center
Memorial City

SCHEDULING

713.441.9000

EXPERTISE

- Anterior approach to hip replacement
- Hip and knee fractures
- Hip and knee pain
- Hip and knee trauma
- Primary and reconstructive hip and knee replacement
- Reconstructive hip and knee surgery

EDUCATION & TRAINING

Medical School: Virginia Commonwealth University/ Medical College of Virginia, Richmond, Virginia
Residency: Orthopedic Surgery, Virginia Commonwealth University, Richmond, Virginia
Fellowship: Adult Reconstruction, Virginia Commonwealth University, Richmond, Virginia



**Kwan "Kevin" Jun
Park, MD**

LOCATIONS

Texas Medical Center
Bellaire
Memorial City
Pearland

SCHEDULING

346.238.5688

EXPERTISE

- Anterior hip replacement
- Hip and knee arthritis
- Hip and knee joint replacement surgery
- Hip and knee revision
- Hip dysplasia and deformity
- Hip fractures and fracture around joint replacement
- Hip preservation surgery
- Interior hip replacement
- Joint infection surgery
- Minimally invasive hip and knee surgery
- Robotic hip and knee surgery
- Trauma

EDUCATION & TRAINING

Medical School: Texas A&M Health Science Center, Bryan, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowships: Adult Reconstructive Surgery, Houston Methodist Hospital, Houston, Texas; M.E. Mueller Foundation Fellowships, Bern, Switzerland

M.E. Mueller Foundation Fellowship, Bern, Switzerland; Berlin, Germany and London, United Kingdom



Brian Parsley, MD

LOCATIONS

Texas Medical Center
Bellaire
Memorial City

SCHEDULING

346.238.6447

EXPERTISE

- Arthritis
- Arthritis surgery
- Arthroscopy of hip and knee
- Fractures
- Hip and knee joint replacement surgery
- Hip preservation surgery
- Minimally invasive hip and knee surgery
- Joint infection surgery
- Hip dysplasia and deformity
- Hip and knee pain
- Revision surgery
- Robotics

EDUCATION & TRAINING

Medical School: The University of Texas Health Science Center, Houston, Texas

Residency: Orthopedic Surgery, The University of Texas Health Science Center, Houston, Texas

Fellowship: Joint Arthroplasty, Anderson Orthopedic Research Institute, Arlington, Virginia



Roy Smith, MD

LOCATIONS

Texas Medical Center
Pearland

SCHEDULING

713.441.9000

EXPERTISE

- Acute injuries
- Arthritis care
- Fracture evaluation and care
- General non-operative orthopedics
- Sports medicine

EDUCATION & TRAINING

Medical School: The University of Texas Southwestern, Dallas, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Orthopedic and Sports Medicine



Taylor Brown, MD

LOCATIONS

Pearland
Bellaire

SCHEDULING

713.441.9000

EXPERTISE

- Arthroscopic ACL reconstruction
- Arthroscopic rotator cuff repair
- Arthroscopic meniscal repair and meniscectomy
- Arthroscopic shoulder stabilization and Bankart repair
- Sports medicine
- Conservative knee care
- Upper extremity surgery

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Orthopedic Sports Medicine, Mississippi Sports Medicine & Orthopaedic Center, Jackson, Mississippi



Joshua D. Harris, MD

LOCATION

Texas Medical Center

SCHEDULING

713.441.9000

EXPERTISE

- Arthroscopic hip preservation surgery
- Femoroacetabular impingement (FAI)
- Gluteus medius tears
- Hip arthroscopy
- Hip labral tears
- Proximal hamstring tears
- Revision hip arthroscopy
- Snapping hip
- Subspine impingement

EDUCATION & TRAINING

Medical School: Ohio State University, Columbus, Ohio

Residency: Orthopedic Surgery, Ohio State University, Columbus, Ohio

Fellowship: Sports Medicine, Rush University Medical Center, Chicago, Illinois



Robert A. Jack II, MD

LOCATIONS

Texas Medical Center
Memorial City

SCHEDULING

346.238.6444

EXPERTISE

- AC joint injuries
- ACL injuries
- Arthroscopic surgery of the shoulder, elbow and knee
- Cartilage injuries
- Elbow pain
- Elbow ulnar collateral ligament injuries
- Overhead athletes
- Meniscus repair
- Multiple ligament injuries of the knee
- Rotator cuff injuries
- Shoulder dislocation
- Shoulder labrum injuries
- Shoulder replacement
- SLAP tears

EDUCATION & TRAINING

Medical School: Eastern Virginia Medical School, Norfolk, Virginia

Residency: Orthopedic Surgery, Houston Methodist Hospital, Houston, Texas

Fellowship: Sports Medicine, Rothman Orthopaedic Institute/Thomas Jefferson University, Philadelphia, Pennsylvania



David Lintner, MD

LOCATION
Bellaire

SCHEDULING
713.441.3560

EXPERTISE

- Anterior cruciate ligament (ACL) reconstruction
- Bankart tears
- Cartilage transplant
- Flexor tendon
- Knee arthroscopy
- Knee injuries
- Labral tears
- Ligament repair and reconstruction
- Medial collateral ligament (MCL)
- Meniscus repair/meniscectomy
- Osteochondritis dissecans (OCD)
- Rotator cuff repair
- SLAP tears
- Tendinitis of the shoulder
- Tommy John surgery
- Throwing injuries
- Tendinitis of the elbow
- Thrower's elbow
- Ulnar collateral ligament (UCL) reconstruction

EDUCATION & TRAINING

Medical School: University of Rochester, Rochester, New York
Residency: Orthopedic Surgery, University of Rochester, Rochester, New York
Fellowship: Orthopedic Sports Medicine, Baylor College of Medicine, Houston, Texas



Patrick McCulloch, MD

LOCATIONS
Texas Medical Center
Bellaire
Memorial City

SCHEDULING
713.441.3667

EXPERTISE

- AC joint problems
- Anterior cruciate ligament tears
- Arthritis (including shoulder replacement)
- Arthroscopic surgery
- Biceps and triceps ruptures
- Biceps tendon tears
- Cartilage injuries
- Cartilage surgery
- Fractures
- Labral tears
- Lateral collateral ligament tears
- Ligament tears (Tommy John surgery)
- Medial collateral ligament tears
- Meniscus tears
- Patellar problems
- Posterior cruciate ligament tears
- Rotator cuff tendon tears
- Shoulder dislocations
- Shoulder separations
- Sports medicine
- Tennis elbow
- Tibial plateau fractures

EDUCATION & TRAINING

Medical School: University of California San Francisco, San Francisco, California
Residency: Harvard Combined Orthopaedic Program, Boston, Massachusetts
Fellowship: Orthopedic Sports Medicine, Rush University Medical Center, Chicago, Illinois

Neck and Spine



**Darrell S.
Hanson, MD**

LOCATION
Texas Medical Center

SCHEDULING
713.441.9499

EXPERTISE

- Back and neck pain
- Disc herniation
- Kyphosis
- Posture complaints
- Pseudarthrosis
- Scoliosis
- Spinal fractures
- Spondylolisthesis
- Spondylolysis
- Stenosis

EDUCATION & TRAINING

Medical School: Baylor College of Medicine, Houston, Texas

Residency: Orthopedic Surgery, Baylor College of Medicine, Houston, Texas

Fellowship: Spinal Deformity, Washington University, St. Louis, Missouri



Mark Prasarn, MD

LOCATIONS
Texas Medical Center
Bellaire

SCHEDULING
713.441.9000

EXPERTISE

- Cervical, thoracic and lumbar disorders
- Degenerative spinal disorders
- Disc herniation
- Minimally invasive spine surgery
- Myelopathy
- Radiculopathy
- Revision spine surgery
- Spinal fractures
- Spine tumors

EDUCATION & TRAINING

Medical School: NYU School of Medicine, New York, New York

Residency: University of Miami/Jackson Memorial Medical Center, Miami, Florida

Fellowships: Orthopedic Trauma, Hospital for Special Surgery, New York, New York; Spine Surgery, University of Rochester, Rochester, New York; Spine Surgery (Visiting), MD Anderson Cancer Center, Houston, Texas



**Jeffrey
Ratusznik, MD**

LOCATIONS
Texas Medical Center
Memorial City
Pearland

SCHEDULING
713.441.9000

EXPERTISE

- Cervical, thoracic and lumbar disorders
- Disc herniation
- Kyphosis
- Minimally invasive spine surgery
- Myelopathy
- Radiculopathy
- Revision spine surgery
- Scoliosis
- Spinal fractures
- Spine tumors
- Spondylolisthesis
- Spondylolysis

EDUCATION & TRAINING

Medical School: Tulane University, New Orleans, Louisiana

Residency: Orthopedic Surgery, University of Missouri, Columbia, Missouri

Fellowship: Orthopedic Spine Surgery, Foundation for Orthopaedic, Athletic and Reconstructive Research, Houston, Texas



Karim Shafi, MD

LOCATIONS
Texas Medical Center
Memorial City
Pearland

SCHEDULING
713.441.9000

EXPERTISE

- Cervical, thoracic and lumbar disorders
- Degenerative spinal disorders
- Disc herniation
- Kyphosis
- Minimally invasive spine surgery
- Motion preservation
- Myelopathy
- Radiculopathy
- Revision spine surgery
- Scoliosis
- Spinal fractures
- Spine tumors
- Spondylolisthesis
- Spondylolysis

EDUCATION & TRAINING

Medical School: Thomas Jefferson University, Philadelphia, Pennsylvania

Residency: Orthopedic Surgery, Hospital for Special Surgery, New York, New York

Fellowship: Spine Surgery, Cedars Sinai, Los Angeles, California

Podiatry



**Ellen
Roberts, DPM**

LOCATIONS
Texas Medical Center
Pearland

SCHEDULING
713.441.9000

EXPERTISE

- Acquired foot deformities, i.e., bunions, hammertoes and flatfoot
- Arthritis and tendonitis
- Diabetic limb salvage
- Diabetic foot preventive care
- Neuromas and soft tissue masses
- Skin and nail pathology
- Sports injuries
- Wound care

EDUCATION & TRAINING

Medical School: Podiatric Medicine & Surgery, Barry University, Miami, Florida

Residency: Podiatric Medicine & Surgery/Reconstructive Rearfoot & Ankle Surgery, Saint Vincent Hospital, Worcester, Massachusetts

Primary Care Sports Medicine



Larry Balle, MD

LOCATIONS

Texas Medical Center
Bellaire
Pearland

SCHEDULING

713.441.9000

EXPERTISE

- Diagnostic musculoskeletal ultrasound
- Fracture management
- Joint injections
- Muscle strains, sprains and injuries
- Musculoskeletal biomechanics
- Non-surgical orthopedics
- Peripheral and perineural injections
- Platelet-rich plasma (PRP), orthobiologic and stem cell injections
- Shoulder, elbow, wrist, hip, knee, ankle and foot pain
- Sports medicine and athlete optimization
- Ultrasound guided injections and procedures

EDUCATION & TRAINING

Medical School: St. George's University, Grenada, West Indies

Residency: Family and Community Medicine, Baylor College of Medicine, Houston, Texas

Fellowship: Primary Care Sports Medicine, University of Arkansas, Fayetteville, Arkansas



Robert Flannery, MD

LOCATIONS

Texas Medical Center
(OPC and Smith 2339)

SCHEDULING

713.441.9000

EXPERTISE

- Diagnostic musculoskeletal ultrasound
- Non-operative fracture and orthopedic management
- Platelet-rich plasma (PRP) and orthobiologic injections
- Soft tissue injuries, strains and sprains
- Sports concussion: diagnosis and management
- Sports injury management of the neck, back, shoulders, elbows, wrists, hands, hips, knees, ankles, heels and feet
- Tendinitis management
- Ultrasound guided procedures

EDUCATION & TRAINING

Medical School: American University of the Caribbean, Cupecoy, St. Maarten

Residency: Family Medicine, Excelsa Health, Independence Health System, Latrobe, Pennsylvania

Fellowship: Primary Care Sports Medicine, University of Medicine and Dentistry of New Jersey, New Brunswick, New Jersey



Vijay Jotwani, MD

LOCATIONS

Texas Medical Center
Bellaire

SCHEDULING

713.441.8850

EXPERTISE

- Concussion diagnosis and management
- Management of chronic medical conditions, including hypertension, diabetes, arthritis and asthma, as related to activity and exercise
- Nonoperative orthopedic care
- Platelet-rich plasma (PRP) injections
- Preoperative evaluations
- Primary care for active patients or those attempting to be more active
- Sports physicals and general wellness exams
- Treatment of common sports injuries and musculoskeletal conditions
- Ultrasound-guided injections

EDUCATION & TRAINING

Medical School: University of Illinois, Chicago, Illinois

Residency: Family Medicine, University of Chicago/MacNeal Hospital, Chicago, Illinois

Fellowship: Primary Care Sports Medicine, Indiana University, Indianapolis, Indiana



Gillian Wooldridge, DO

LOCATIONS

Texas Medical Center
Memorial City

SCHEDULING

713.441.9000

EXPERTISE

- Casting and splinting
- Compartment pressure testing for exertional compartment syndrome
- Concussion management
- Fracture management
- In-office musculoskeletal ultrasound
- Lubricant injections for osteoarthritis
- Osteoporosis treatment and relative energy deficiency in sports
- Primary care for athletes and active people
- Sports medicine
- Sports team and event coverage
- Ultrasound-guided joint and tendon injections
- Ultrasound-guided barbotage for calcific tendinitis of the rotator cuff and gluteal tendons

EDUCATION & TRAINING

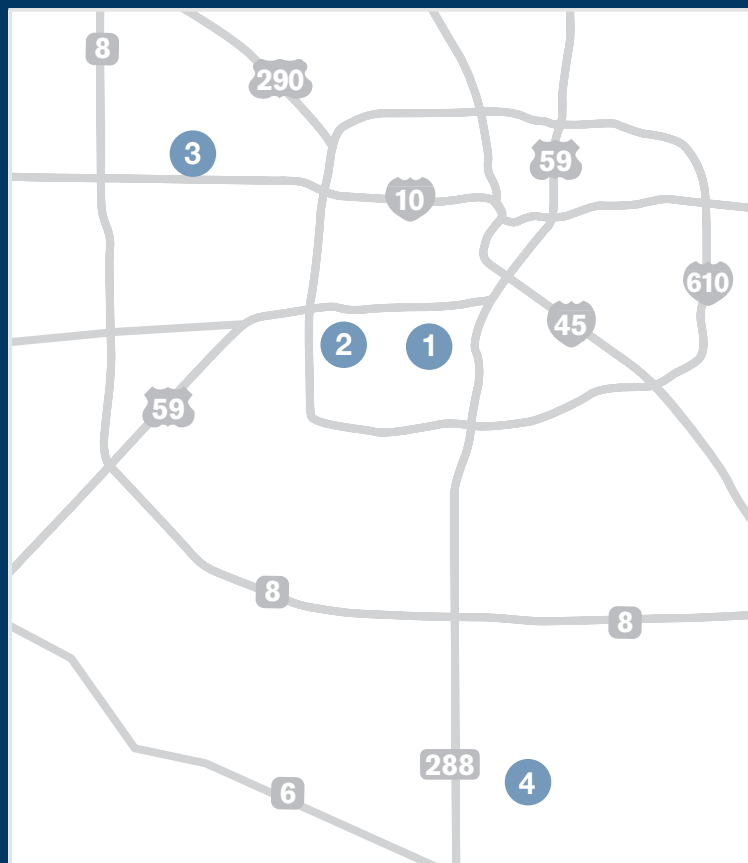
Medical School: University of North Texas Health Science Center/Texas College of Osteopathic Medicine, Fort Worth, Texas

Residency: Family Medicine, Houston Methodist Hospital, Houston, Texas

Fellowship: Primary Care Sports Medicine, Houston Methodist Willowbrook Hospital, Houston, Texas



OFFICIAL HEALTH CARE PROVIDER



CENTRAL REGION

- 1. TEXAS MEDICAL CENTER
OUTPATIENT CENTER**
6445 Main St., Suite 2500
Houston, TX 77030
- 2. BELLAIRE**
5505 W. Loop S.
Houston, TX 77081
- 3. MEMORIAL CITY**
9090 Katy Fwy., Suite 200
Houston, TX 77024
- 4. PEARLAND**
8520 W. Broadway St., Suite 100
Pearland, TX 77584

To refer a patient: call scheduling, fax referral information to 713.790.7500 or send to the below locations in Houston Methodist Epic or EpicCare Link.

ORTHOPEDIC SURGERY

Texas Medical Center: ORTHO OPC 25
Bellaire: ORTHO PIN OAK
Memorial City: ORTHO SPR VLY 200
Pearland (Joint): ORTHO PEARLAND 100
Pearland: ORTHO PEARLAND BJ100

PRIMARY CARE SPORTS MEDICINE

Texas Medical Center: SPT MED OPC 25
Bellaire: SPT MED PIN OAK
Memorial City: SPT MED SPR VLY 200
Pearland: SPT MED PEARLAND 100



Houston Methodist Hospital is ranked
Best in Texas by *U.S. News & World
Report* for Orthopedics.

U.S. News & World Report has also
named Houston Methodist Hospital one
of the nation's best as a nationally ranked
Honor Roll hospital.