

# Do you have a patient in crisis or at high risk of harming themselves in your clinic?

## Follow Three Easy Steps:

- 1 Send the patient by ambulance to the Emergency Department.** Houston Methodist EDs have mental health professionals available.
- 2 Call 911 if the patient refuses to go to ED.** Provide event details, the patient's location and the patient's home address, if the patient has left your clinic.
- 3 Provide the patient with the National Suicide & Crisis Lifeline. They can chat online at [988lifeline.org](https://988lifeline.org) or call or text 988.**

Houston Methodist provides unparalleled inpatient care for the treatment of acute psychiatric conditions. Our team offers a full spectrum of holistic inpatient psychiatry services and a multidisciplinary approach within a caring hospital setting.

If you are concerned about suicide and don't know what to do, contact the Suicide & Crisis Lifeline at [988lifeline.org](https://988lifeline.org) or call or text 988.

