

MYCHART YOUR HOSPITAL STAY FOR PERSONAL MOBILE DEVICES

What is *Your Hospital Stay*?

Your Hospital Stay is a feature in the Houston Methodist MyChart app that helps patients, families and caretakers get more details during a hospitalization, including what's happening, who's treating you and how your recovery is progressing — so you have better peace of mind.

Using your personal smartphone or tablet, you can access similar information that your doctors and nurses use to care for you. You can also share Houston Methodist MyChart access with your family members or caretakers to help them better understand your diagnosis and the care being provided.

To start using **Your Hospital Stay**, you must have a **Houston Methodist MyChart** account and download the **MyChart** app on your personal smartphone or tablet (iOS or Android).

Exciting Features of *Your Hospital Stay*

Hospital Health Issues: View a list of diagnoses you're being treated for during your hospitalization, as well as any previously identified health issues.

Treatment Team: Get to know your attending doctor, nurses, therapists and other members of your hospital care team and see their pictures.

Medications: See what medications you're taking during your hospital stay, as well as any medications you've been prescribed to take at home.

Test Results: Review most of your recent lab results and compare to previous test results.

Education: View articles and videos specific to your diagnosis, condition and treatment plan.

To create a Houston Methodist MyChart account

Let a member of your care team know that you need to create a MyChart account and an activation link will be sent to you or your caretaker through email or text message.

Once you receive the link, follow the instructions to create your username and password. You'll be prompted to download the MyChart app, which provides access to the **Your Hospital Stay** feature.

Note: The activation link is unique to your personal health record, so do not share it with anyone. The link will expire after 24 hours.

To download the MyChart mobile app

You can download and install the MyChart app from the Apple® App Store (iOS) or Google® Play (Android). Use your Houston Methodist MyChart account username and password to log into the MyChart app.



If you're already connected to Houston Methodist MyChart on your smartphone or tablet

Once you log into the MyChart app, you'll see the **Your Hospital Stay** feature at the top of your screen.

To get help with *Your Hospital Stay*

If you have questions about **Your Hospital Stay** or how to get started, please contact the **Houston Methodist customer service team** at **832.667.5694** (available Monday through Friday, 8 a.m. to 5 p.m.).

Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Android, Google Play and the Google Play logo are trademarks of Google LLC.



Sharing Your MyChart Information With Family or Caretakers

Why Share Your MyChart Information

MyChart provides a simple, convenient way for patients' families and caregivers to stay informed about a loved one during a hospitalization — even when they can't be by the patient's bedside.

Through MyChart's **Friends and Family Access**, you can share clinical information, including details from a current hospitalization, as well as messaging and scheduling capabilities.

Only those you grant access to will be able to see your account, otherwise your information is completely confidential and secure to you only.

Note: family members or caregivers must have a separate MyChart account to view your information.



How to Invite Someone to Access Your MyChart Record

1. From your MyChart account on your mobile device, go to **Account Settings**.
2. Scroll down to select **Friends and Family Access**.
3. On the **Friends and Family Access** page, click **+Invite Someone** under the **Who Can See My Record?** section.
4. Complete the invitation form with the shared person's name, email address and preferred level of access ("Adult Accessing Adult" or "Power of Attorney"), then click **Submit Invite**.
5. An email with an access link will be sent to the shared person. He or she must enter your date of birth to confirm their identity and accept your invitation.

You'll receive a notification in MyChart after the invitation is accepted, and the person's name will be listed on the **Friends and Family Access** page.

You can edit your account settings at any time and add as many friends, family members or caretakers as you want.

