

Nicotine Replacement for Withdrawal Prophylaxis (NOT for ICU use) [1893]

These orders should only be used for those patients who are actively utilizing tobacco products prior to admission and are not on nicotine replacement as a continuation of home medications

For tobacco users willing to use nicotine alternative to help curtail their smoking while hospitalized as Methodist is committed to a smoke free environment

Tobacco cessation may cause changes in a patient's clinical response to medications. Monitoring and dosage adjustments may be necessary when patient no longer uses nicotine. Here are a few examples that may increase drug levels or effects: tricyclic antidepressants (amitriptyline, imipramine), antipsychotics (clozapine, olanzapine), theophylline, oxazepam, pentazocine, phenothiazine (prochlorperazine, chlorpromazine), propoxyphene, propranolol (and possibly other beta-adrenergic blockers), warfarin (INR can increase or decrease) and potentially other drugs that are metabolized by the hepatic P-450 enzyme system

General

Nursing

Tobacco Cessation Education

Tobacco cessation education

Routine, Once For 1 Occurrences

Nurse to provide tobacco cessation education. RN to inform patient to stop patch if patient is smoking.

Medications

Nicotine Alternatives (Single Response)

Select only one nicotine replacement

Transdermal Nicotine Patch (Single Response)

Dosing suggestions for nicotine patch:

Number of cigarettes per day Dosing (mg/day)

Less than 10, patients with heart disease or weighing less than 100 pounds (45 kg) 7-14

10-20 14-21

21-40 21-42

Greater than 40 42+

nicotine (NICODERM CQ) 7 mg/24 hr

1 patch, transdermal, for 24 Hours, daily
Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

Time to remove patch:

nicotine (NICODERM CQ) 14 mg/24 hr

1 patch, transdermal, for 24 Hours, daily
Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

Time to remove patch:

nicotine (NICODERM CQ) 21 mg/24 hr

1 patch, transdermal, for 24 Hours, daily
Apply new patch daily and remove old patch. Rotate application site. Nurse to inform patient to remove patch if they are smoking.

Time to remove patch:

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| <p>() nicotine (NICODERM CQ) 42 mg/24 hr</p> | <p>2 patch, transdermal, for 24 Hours, daily Apply two new patches daily and remove old patches. Rotate application site. Nurse to inform patient to remove patches if they are smoking. Time to remove patch:</p> |
| <p>() nicotine polacrilex (NICORETTE) gum: Patients smoking 25 cigarettes or less per day</p> | <p>2 mg, Mouth/Throat, every 1 hour prn, smoking cessation, nicotine cravings Maximum 24 pieces per day of 2 mg gum</p> |
| <p>() nicotine polacrilex (NICORETTE) gum: Patients smoking more than 25 cigarettes per day</p> | <p>4 mg, Mouth/Throat, every 1 hour prn, smoking cessation, nicotine cravings Maximum 48 pieces per day of 2 mg gum</p> |